



IOWA DEPARTMENT OF NATURAL RESOURCES

State Park News

Conservation and Recreation



FIRST DAY HIKES • JANUARY 1, 2020

Start the Year Outdoors!



HEALTHY
LIFESTYLES



Save the Date! Join us on January 1, 2020

Ring in the Centennial of Iowa State Parks on a First Day Hike!

Ready for 2020? [49 state parks and forests](#) are hosting hikes across Iowa on January 1st, and we'd like you to join us! Bring your family and explore Iowa's winter scenery on a free, guided hike led by DNR park staff. Most hikes are one to two miles in length, and many include hot beverages either before or after the hike starts. It's the first of many events in 2020 to help celebrate the [100th anniversary](#) of Iowa state parks.

[Find a First Day Hike near you >](#)



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